

CIRCUMCISED? TAKE THE TEST!

Even if you're not circumcised – indeed, even if you're not male – you can perform the following test to experience some of the sensitivity lost in a circumcised penis.

The G-rated version: Wrap a Band-Aid around your second toe with the pad on the bottom and leave it for five days, changing as necessary to keep the bandage in place. After five days (or enough time for the skin to become somewhat “dekeratinized”), remove the bandage and walk across a carpeted floor. Notice how the exposed toe tickles when it touches the carpet. This new-found sensation will in some small way approximate the difference in sensitivity between the circumcised and natural penis.

For the “R-rated” version, please visit www.luckystiff.org.

www.norm.org/lost.html [google.com: “foreskin restoration”](https://www.google.com/search?q=foreskin+restoration) www.luckystiff.org

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